

# Theraquatics.com

Aquatic Exercise & Therapy Equipment

## AQUATIC FITNESS CATALOG

**GRAND OPENING SPECIALS!**

From Australia's leading aquatic exercise and therapy equipment supplier



**BUDGET BAR BELL**

Size: Foam 11" x 6"



**HAND BAR**

Size: Foam 12" x 6"



**TURBO HAND BAR**

Size: Foam 9" x 9" x 3"



**BALANCE RINGS**

Size: Inside diameter - Large 5.5", Small 4"



**AQUA EXERCISERS**

Plastic paddles for variable resistance exercises



**FOAM COLLAR**

Size: Child 14", Adult 17"



**WATER RUNNING BELT**

Size: Medium 26" x 11" x 2"



**WATER JOGGING BELT**

Size: Large - 30" x 9" x 2", Small - 27" x 9" x 2"



**SENIOR FLOAT BELT**

Size: 3" x 5" x 1" each foam section

Order online and save time at: **Theraquatics.com**

Aquatic Exercise & Therapy Equipment

All sizes are indicative only.

ONLY 1000

ITEM 6005



\$4.15

**BUDGET KICKBOARD**

Size: 17" x 11" x 1"

ONLY 1000

ITEM 6012



\$8.90

**SENIOR KICKBOARD**

Size: 20" x 11" x 1"

ONLY 500

ITEM 6009



\$6.05

**STEALTH KICKBOARD**

Size: 12" x 11" x 1"

ONLY 500

ITEM 6010



\$6.99

**KICK / PULL BUOY**

Size: 11" x 9" x 2"

ONLY 500

ITEM 6007



\$8.70

**TRIANGLE KICKBOARD**

Size: 18" x 13" x 1"

ONLY 500

ITEM 6008



\$6.65

**STREAMER KICKBOARD**

Size: 16" x 11" x 1"

ONLY 600

ITEM 6016



\$6.45 PAIR

**BUOYANCY CUFFS**

Velcro closure. Size: 7" x 4" x 2"

ONLY 500

ITEM 6004



\$25.70

**BALANCE BOARD**

Size: 21" x 12" x 2"

ONLY 500

ITEM 6037



\$23.45

**WONDER BOARD**

Size: 18" x 13" x 2"

ONLY 600

ITEM 6017



\$7.95 EACH

**AQUATIC CUFFS**

Size: 6" x 6" x 6"

ONLY 500

ITEM 6006



\$12.85

**BALANCE BOARD WITH STRAPS**

Size: 21" x 12" x 1"

ONLY 100

ITEM 9279A



\$64.05

**AQUATIC BALANCE BOARD**

Adapted for pool. Circular grooves on surface provide grip, while slight convex gradient gives extra support. Ideal for rehabilitation.

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ONLY 500

ITEM 8090



\$27.80

**PEBBLE MAT**

After shower or swim, stand on mat with bare feet and gently rock back and forth to massage and stimulate reflexology pressure points on feet. Size: 57" x 16"

ONLY 300

ITEM 8052



\$49.85

**GYRO RING**

Centrifugal force of ball promotes upper body strength and endurance. LCD displays time and counts rotations.

ONLY 400

ITEM 8007



\$7.65

**TWISTA**

A rotating disc. Trains balance and tones abdomen, waist, hips and legs. Non slip surface with acupressure points. Size: 10" diameter

ONLY 1000

ITEM 8080



4" DIA. \$3.30 MEDIUM

8" DIA. \$5.50 LARGE

3" DIA. \$1.30 SMALL

**MASSAGE BALLS**

Size: Small 3", medium 4" & large 8"

ONLY 400

ITEM 7155



\$5.60 EACH

**TONING BALL 2lbs**

Gently weighted ball that is soft to touch and designed to add depth in arm movements. Able to be used in combination with exercise balls. Easy to grasp or hold. Sold individually. Weight: 2lbs

ONLY 400

ITEM 8029



\$6.15 EACH

**TONING BALL 4lbs**

Weighted PVC dipped ball with flat face for easy handling. Designed to deepen stretches. Sold individually. Weight: 4lbs

ONLY 500

ITEM 9565



26" DIA. \$12.50

30" DIA. \$15.05

ITEM 9575

**ANTIBURST GYM BALL**

Size: 26" dia. (Item 9565) & 30" dia. (Item 9575)

ONLY 400

ITEM 8001



\$18.00

**PEANUT BALL**

Size: 43" x 22"

ONLY 400

ITEM 6041



\$16.80

**ANTIBURST SENSORY BALL**

Size: 26" diameter

ONLY 1000

ITEM 6030



LIGHT \$5.80

MEDIUM \$7.00

**RESISTACISER**

Two strengths - light & medium

ONLY 250

ITEM 6040



\$14.65

**PILATES RING**

Medium resistance

ONLY 1000

ITEM 6036



\$21.50

**EXERCISE MAT**

Size: 71" x 24" x 0.6"

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## AQUATIC THERAPY

Our fabric floats provide the swimmer with excellent support for the neck, hips and knees. They are made from specially designed and manufactured fabric which is tough, chlorine resistant and easy to clean. This range of soft and comfortable to wear floats is Australian made and forms the basis for many aquatic techniques.



**ONLY 500**

**ITEM 9401**

**\$41.20**  
ADULT

**\$38.35**  
CHILD

### NECK COLLAR

Collar designed to fit closely around neck to aid buoyancy and allow for freedom of movement. Sizes: Adult and child.

**ONLY 500**

**ITEM 9397**

**\$61.75**  
MEDIUM

**\$70.45**  
LARGE

### SWIM RING

A comfortable alternative to inflatable rings. Velcro closure. Inside dia. sizes: Large 19", Med. 12"

**ONLY 500**

**ITEM 9270**

**\$55.00**

### GATHERED POSTURE PILLOW

Traditional posture pillow modified by gathering top of pillow to control leverage of head in water.

**ONLY 500**

**ITEM 9309**

**\$52.05**

### SAUSAGE FLOAT

Sausage shaped float used as knee support to give correct posture and relaxation during supine float.

**ONLY 500**

**ITEM 9308**

**\$47.85**  
ADULT

**\$44.40**  
CHILD

### HIP FLOAT

Comfortable, easy to apply. Moulds around varied body shapes. Used while on stomach, back or side. Sizes: Adult and child.

**ONLY 500**

**ITEM 9307**

**\$52.20**  
ADULT

**\$49.10**  
CHILD

### POSTURE PILLOW

Neck support designed to provide comfort, support and relaxation. Sizes: Adult and child.

**ONLY 500**

**ITEM 9311S**

**\$38.70**

### CORNER PILLOW WITH TIES

For use in corner of pool. Provides head support and comfort for patients during exercise. Straps allow for pillow to attach to corner rail.

**ONLY 500**

**ITEM 9310**

**\$43.50**

### BOLSTER

Large log shape bolster used for positioning patients during relaxation and exercise.

**ONLY 500**

**ITEM 9875**

**\$57.95**

### BODY SLING

Sling has generous proportions and will not slip. Can be used while on back, side or stomach.

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