ITEM 6044
DUMBBELL DISCS
Closed cell foam discs with distinctive grip for comfort as well as multi-directional exercises.
$9.99 PAIR

ITEM 6036
SLIMLINE BARBELL
Light resistance closed cell foam with cushioned hand grip. Sold individually.
$6.65 EACH

ITEM 6013
BUDGET BARBELL
Medium resistance barbell designed for aqua aerobics, therapy and rehabilitation. Sold individually.
$6.70 EACH

ITEM 6046
EASY GRIP DUMB BELL S
Slotted dumbbells with easy, soft molded EVA grip. Excellent for arthritic hands.
$9.99 PAIR

ITEM 9336
AQUA EXERCISERS
Molded plastic paddles with distinctive supportive wrist sleeve. Easy to hold in strenuous exercise.
$44.00 PAIR

ITEM 6035
SLIMLINE BARBELL
Light resistance closed cell foam with cushioned hand grip. Sold individually.
$6.65 EACH

ITEM 6015
TURBO HAND BAR
Foam device used horizontally or vertically in push/pull aquatic exercises. Sold individually.
$7.85 EACH

ITEM 6014
AQUATIC HAND BUOY
$8.99 EACH

ITEM 6047
DUMBELL DISCS
Closed cell foam discs with distinctive grip for comfort as well as multi-directional exercises.
$12.55 PAIR

ITEM 6047
AQUA GLOVES
Finger cut outs in soft pliable neoprene gloves. Hook and loop closure around wrist.
$7.95 PAIR

ITEM 6033
EASY GRIP DUMB BELL S
Slotted dumbbells with easy, soft molded EVA grip. Excellent for arthritic hands.
$6.65 EACH

ITEM 6044
PUSH BELLS
Slide hand through adjustable strap for light weight exercises. Suitable for arthritic hands.
$12.85 PAIR

Order online and save time at: Theraquatics.com
For spinal traction or additional flotation for arms and legs. Sold individually.

**BALANCE RINGS**
ITEM 6002
Closed cell foam cylinders provide flotation support for hips and legs.

**TUBE PULL**
ITEM 6021
Closed cell foam cylinders provide flotation support for hips and legs.

**EXERCISE MAT**
ITEM 6036
Non slip, hard wearing, light weight mat with hygienic and anti bacterial properties.

**WATER WALKING ASSISTANT**
ITEM 9194
Supports upper body and helps increase strength in legs. Improves balance and gait. Size: S, M, L.

**SWIM BAR**
Basic tool for aquatic therapy and exercise drills as well as learn to swim classes. Length: 29”.

**SWIM BAR**
ITEM 6011
Swimming bar for aquatic therapy and exercise drills.

**BALANCE BOARD WITH STRAPS**
ITEM 9279A
Foam board with straps to fit hands or feet. For aquatic push/pull and squatting/standing drills.

**BALANCE BOARD WITH STRAPS**
ITEM 6004
Foam board with straps to fit hands or feet. For aquatic push/pull and squatting/standing drills.

**AQUATIC BALANCE BOARD**
ITEM 9338

**AQUATIC BALANCE BOARD**
ITEM 6006
Closed cell foam stability board. Sit, kneel or stand on board in deep or shallow water.

**WONDER BOARD**
ITEM 9126
Basic tool for aquatic therapy and exercise drills as well as learn to swim classes. Length: 29”.

**AQUA STEP**
Colors vary. Light weight step. For gait training, water aerobics and plyometric exercises. Non slip surface. Size: 24.5"L x 14.5"W x 8"H.

**AQUA STEP**
ITEM 6021
Used to maintain upright position, sit on mesh platform or provide underarm support during aquatic rehabilitation.

Order online and save time at: Theraquatics.com

All sizes are indicative only.
<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
<th>Price</th>
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<tr>
<td>6020</td>
<td>Water Running Belt</td>
<td>$13.95</td>
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<tr>
<td>6019</td>
<td>Water Jogging Belt</td>
<td>$14.45</td>
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<tr>
<td>9118</td>
<td>Tethered Water Jogging Belt</td>
<td>$25.99</td>
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<tr>
<td>6030</td>
<td>Consists of 2 x Budget Dumbbells, 1 x Water Running Belt, 1 x Roomy Mesh Duffle Bag</td>
<td>Well priced starter kit</td>
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<tr>
<td>6017</td>
<td>Aquatic Cuffs</td>
<td>Provides moderate resistance for ankles and wrists</td>
</tr>
<tr>
<td>9194</td>
<td>Resista Straps for Buoyancy Cuffs</td>
<td>Convert your buoyancy cuffs into resistance cuffs</td>
</tr>
<tr>
<td>6016V</td>
<td>Tether</td>
<td>Clip onto tethered buoyancy belt (item 9118)</td>
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<tr>
<td>6016B</td>
<td>BUOYANCY CUFFS</td>
<td>Provides moderate resistance for ankles and wrists</td>
</tr>
<tr>
<td>6050</td>
<td>Resistacisers</td>
<td>Light handles. Provide upper and lower body workouts in water for group exercise or individual training</td>
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<tr>
<td>9118H</td>
<td>AQUA FITNESS BELT</td>
<td>Removable closed cell foam pieces designed for custom fit and balanced buoyancy</td>
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<tr>
<td>6052</td>
<td>Neoprene Socks</td>
<td>Easy to pull on. Excellent for public pool, health club, public showers</td>
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<tr>
<td>6038</td>
<td>AQUA FIT KIT</td>
<td>Consists of 2 x Budget Dumbbells, 1 x Water Running Belt, 1 x Roomy Mesh Duffle Bag</td>
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<tr>
<td>6018</td>
<td>Aquatic Cuffs</td>
<td>For ankles. Designed to increase muscle strength and aerobic conditioning</td>
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<tr>
<td>6018H</td>
<td>SWIM BELT</td>
<td>Lightweight flotation belt provides support and security for timid swimmer</td>
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<tr>
<td>6050</td>
<td>AQUA FIT KIT</td>
<td>Consists of 2 x Budget Dumbbells, 1 x Water Running Belt, 1 x Roomy Mesh Duffle Bag</td>
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<tr>
<td>6019</td>
<td>BUOYANCY CUFFS</td>
<td>Provides support and security for timid swimmer</td>
</tr>
<tr>
<td>6019L</td>
<td>WATER RUNNING BELT</td>
<td>Suspend body in upright position</td>
</tr>
<tr>
<td>6019L</td>
<td>Tether</td>
<td>Floating ring sewn into webbing strap allows for tethered walking or stationary swimming drills</td>
</tr>
<tr>
<td>6018</td>
<td>AQUATIC CUFFS</td>
<td>Provides support and security for timid swimmer</td>
</tr>
<tr>
<td>6018H</td>
<td>AQUA FITNESS BELT</td>
<td>Removable closed cell foam pieces designed for custom fit and balanced buoyancy</td>
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<tr>
<td>6019L</td>
<td>WATER RUNNING BELT</td>
<td>Suspend body in upright position</td>
</tr>
<tr>
<td>6019L</td>
<td>WATER JOGGING BELT</td>
<td>Added back support relieves stress on lower back during aquatic exercise</td>
</tr>
<tr>
<td>6019L</td>
<td>TETHERED WATER JOGGING BELT</td>
<td>“Floating ring” sewn into webbing strap allows for tethered walking or stationary swimming drills</td>
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<tr>
<td>6019L</td>
<td>SWIM BELT</td>
<td>Lightweight flotation belt provides support and security for timid swimmer</td>
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<td>6019L</td>
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</tr>
</tbody>
</table>

Order online and save time at: Theraquatics.com

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NUDGEE BEACH ROLL UPS
ITEM 7184
ITEM 7185
ITEM 7186
ITEM 7187
ITEM 7188
ITEM 7189
ITEM 7190
ITEM 7191
ITEM 7192
ITEM 7193
ITEM 8018

LEARN TO SWIM
Splashing
Buoyancy aids
Goggles
Masks
Fins
Stoke development
Pool toys
Swim pants

NUDGEE BEACH SWIM RING
Double safety chambers. Vlyux material. Separate non-return valves. Size 1: Age 2-3 years (inside circumference 22.5”). Size 2: 3 years + (inside circumference of 28”).

$4.30 SIZE 1
$5.00 SIZE 2
$499

NUDGEE BEACH FLOAT BANDS
Flat under arm gusset for comfort. Twin air chambers with separate safety valves. Vlyux material. Sold in pairs. Size 1: Age 1-3 years. Size 2: 2-6 years.

$6.65
$2.99 SIZE 1
$3.15 SIZE 2

ADJUSTABLE BACK FLOAT
Four high density foam panels threaded onto adjustable belt. Buoyancy varied by removing and adding panels. Suitable for children over 2 years.

$7.25
$1.25

BACK FLOAT
One piece closed cell foam flotation unit threaded onto adjustable belt. Straps onto child’s back or front. Suitable for children over 2 years.

$4.10 SIZE 1
$5.00 SIZE 2

SWIM DISCS
Closed cell foam alternative to inflatable arm bands. Fits softly around arms. Fits arms up to 8.5” circumference. Sold in pairs. Size: 1-4 years.

$8.95 PAIR
$4.10

NUDGEE BEACH SWIM SEAT
Stable, secure seat. Pillow back for support and comfort. Vlyux material. Three safety air chambers. Separate non-return safety valves. Size 1: Age 3-12 months (inside circumference 21.5”). Size 2: Age 1-2 years (inside circumference 22” with larger ring size).

$10.85 SIZE 1
$11.20 SIZE 2

LEARN TO SWIM

Order online and save time at: Theraquatics.com
Aquatic Exercise & Therapy Equipment

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<table>
<thead>
<tr>
<th>Item Code</th>
<th>Description</th>
<th>Price</th>
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<tbody>
<tr>
<td>7180</td>
<td>NUDGEE BEACH DIVE RINGS</td>
<td>$3.65</td>
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<tr>
<td>9221</td>
<td>PEARL DIVERS: Find the pearl in one of six clam shells.</td>
<td>$15.45</td>
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<tr>
<td>7193</td>
<td>NUDGEE BEACH MASK Goggle Snorkel Set</td>
<td>$10.35</td>
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<tr>
<td>9181</td>
<td>RUBBER CHICKEN: Great choice for pool relay games. 20” in length.</td>
<td>$9.99</td>
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<tr>
<td>7195</td>
<td>NUDGEE BEACH CHILD DIVE SET</td>
<td>$12.60</td>
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<tr>
<td>7181</td>
<td>NUDGEE BEACH DIVE DISCS</td>
<td>$3.65</td>
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<tr>
<td>9444</td>
<td>GIANT POOL QUOITS: Superb quality. Mega size quoits set for kids of all ages.</td>
<td>$69.95</td>
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<tr>
<td>7182</td>
<td>NUDGEE BEACH DIVE FISH</td>
<td>$3.65</td>
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<tr>
<td>9445</td>
<td>SILICON SWIM CAP: 100% silicon cap. Color: blue, pink.</td>
<td>$4.99</td>
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<tr>
<td>7197</td>
<td>NUDGEE BEACH CHILD DIVE SET</td>
<td>$15.45</td>
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<tr>
<td>7199</td>
<td>SEAL FLIPS: Blow and make the seal heads flip. Five flips in set.</td>
<td>$1.90</td>
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<tr>
<td>7191</td>
<td>KIDS NEOPRENE FIN S</td>
<td>$19.99</td>
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<tr>
<td>7192</td>
<td>NUDGEE BEACH CHILD BUDGET GOGGLES</td>
<td>$1.75</td>
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<td>9328</td>
<td>NUDGEE BEACH CHILD SNORKEL</td>
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<tr>
<td>9510</td>
<td>KIDS NEOPRENE FIN S</td>
<td>$27.00</td>
</tr>
</tbody>
</table>

Order online and save time at: Theraquatics.com

All sizes are indicative only.
Promotes safer shoulder position from special hydrodynamic shape. Swimmer’s torso fits snugly into board cut-out. Size: 19” x 15.5” x 1.25”.

ZOGGS TRAINER BOARD

Five layers of closed cell foam. Provides support for hips and legs while giving arms an intense workout. Generous size. Size: 10” x 3” x 6”.

BUDGET POOL BUOY

Closed cell foam kickboard. Soft to touch. Rounded edges for comfortable grip and contoured bottom. Size 17” x 11” x 1”.

BUDGET KICKBOARD

Closed cell foam kickboard. Suit for adults. Rigid. Size: 20” x 11” x 1”.

SENIOR KICKBOARD

High density closed cell foam board. Tombstone shape. Rounded edges for comfortable grip. Suitable for adults. Rigid. Size: 20” x 11” x 1”.

ITEM 6032

High density closed cell foam board. Tombstone shape. Rounded edges for comfortable grip. Suitable for adults. Rigid. Size: 20” x 11” x 1”.

ITEM 6008

Closed cell foam kickboard. Multiple hand holds provide for variety of work out drills. Size: 12” x 11” x 1”.

STEALTH KICKBOARD

Closed cell foam board. Chunky size makes it easy to grip. Suitable for swimmers of all ages and abilities. Rigid. Size: 18” x 11.5” x 1.5”.

TEAM KICKBOARD

Closed cell foam combination kickboard and pull buoy. Provides optimum buoyancy. Compact and practical tool. Size: 11” x 9” x 2”.

KICK / PULL BUOY

Closed cell foam board. Encourages proper streamline body position in water. Great for single arm and side kick workouts. Size: 18” x 13” x 1”.

TRIANGLE KICKBOARD

Closed cell foam board. Textured surface. Modern ergonomic design encourages proper body position and kick technique for longer workouts in pool. Size: 14” x 16” x 2”.

ROCKET KICKBOARD

Closed cell foam board. Encourages proper body position and kick technique for longer workouts in pool. Size: 14” x 16” x 2”.

TEXTURED SURFACE KICKBOARD

Closed cell foam kickboard. Soft to touch. Rounded edges for comfortable grip and contoured bottom. Size 17” x 11” x 1”.

BUDGET KICKBOARD
# WATER-PROOF BODY PROTECTION

For shower, bath and pool

## DRYPRO WATERPROOF CAST AND BANDAGE PROTECTOR FOR LEGS

## DRYPRO WATERPROOF CAST AND BANDAGE PROTECTOR FOR ARMS

## DRYPRO WATERPROOF OSTOMY PROTECTOR COVER
Water tight vacuum seal fits comfortably around ostomy pouch which stays dry and secure. Used in shower, bath or pool. Reusable. Sizes: XS to XL.

## DRYPRO WATERPROOF PROSTHETIC COVER
A quick and simple alternative to removing a prosthesis before having a shower or swim. Cover prosthetic limb with vacuum sealed cover. Reusable. Sizes: XS to XL.

## SEAL-TIGHT ARM CAST PROTECTOR
Durable polyvinyl bag attached to non-latex diaphragm stretches over cast or bandage to form water tight seal. Suitable for showering and bathing. Sizes: Adult Short Arm (item 20101), Adult Long Arm (item 20102), Child Small Arm (item 20200), Child Medium Arm (item 20201) and Child Large Arm (item 20202).

## SEAL-TIGHT LEG CAST PROTECTOR
Durable polyvinyl bag attached to non-latex diaphragm stretches over cast or bandage to form water tight seal. Suitable for showering and bathing. Sizes: Adult Short Leg (item 20103), Adult Long Leg (item 20104), Child Small Leg (item 20203), Child Medium Leg (item 20204) and Child Large Leg (item 20205).

## SEAL-TIGHT FOOT OR HAND CAST PROTECTOR
Forget about the trash bag option. Offers watertight protection for around 6-8 weeks with daily usage. Sizes: Adult Hand (item 20100), Adult Foot (item 20105).

## DRYPRO WATERPROOF CAST AND BANDAGE PROTECTOR FOR LEGS

## DRYPRO WATERPROOF CAST AND BANDAGE PROTECTOR FOR ARMS

## DRYPRO WATERPROOF PROSTHETIC COVER
A quick and simple alternative to removing a prosthesis before having a shower or swim. Cover prosthetic limb with vacuum sealed cover. Reusable. Sizes: XS to XL.

## SEAL-TIGHT ARM CAST PROTECTOR
Durable polyvinyl bag attached to non-latex diaphragm stretches over cast or bandage to form water tight seal. Suitable for showering and bathing. Sizes: Adult Short Arm (item 20101), Adult Long Arm (item 20102), Child Small Arm (item 20200), Child Medium Arm (item 20201) and Child Large Arm (item 20202).

## SEAL-TIGHT LEG CAST PROTECTOR
Durable polyvinyl bag attached to non-latex diaphragm stretches over cast or bandage to form water tight seal. Suitable for showering and bathing. Sizes: Adult Short Leg (item 20103), Adult Long Leg (item 20104), Child Small Leg (item 20203), Child Medium Leg (item 20204) and Child Large Leg (item 20205).

## SEAL-TIGHT FOOT OR HAND CAST PROTECTOR
Forget about the trash bag option. Offers watertight protection for around 6-8 weeks with daily usage. Sizes: Adult Hand (item 20100), Adult Foot (item 20105).

## BABY SWIM PANT
Lightweight, waterproof, unisex pull-on style pant with elasticized waist and legs. Designed for swimmer with urinary / fecal incontinence. Sizes: Small 10-18 lbs (item 9521BS), medium 18-22 lbs (item 9521BM), XXL 30-38 lbs (item 9521BXXL).

## YOUTH SWIM PANT
Reusable swim pant for swimmer with urinary/fecal incontinence. Sizes: 4/5 years 36-46 lbs (item 9521C4), 6/7 years 47-57 lbs (item 9521C6), 8/9 years 58-72 lbs (item 9521C8), 10/11 years 73-85 lbs (item 9521C10), 12/13 years 86-96 lbs (item 9521C12), 14/15 years 97-110 lbs (item 9521C14).

## ADULT SWIM PANT
Reusable, unisex, full seated pant with elasticized waist and legs designed to protect swimmer against heavier urinary and bowel leakages. Waist sizes: Small 28-30”, medium 32-34”, large 36-38”, XL 40-42” and XXL 44-46”.

Order online and save time at: Theraquatics.com

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<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
<th>Sizes</th>
<th>Price</th>
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<td>9309</td>
<td>FABRIC SWIM RING</td>
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<tr>
<td>9308</td>
<td>WAIST AND HIP FLOAT</td>
<td>Adult, Child up to 45 lbs, Baby</td>
<td>$44.95</td>
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<td>9307</td>
<td>POSTURE PILLOW</td>
<td>Adult, Child up to 45 lbs, Baby</td>
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<td>9311S</td>
<td>CORNER PILLOW WITH TIES</td>
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<td>9875</td>
<td>BODY SLING</td>
<td>Adult, Child up to 55 lbs, Baby</td>
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<td>UPRIGHT FLOAT</td>
<td>Adult, Child up to 55 lbs, Baby</td>
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<td>6001</td>
<td>FOAM COLLAR</td>
<td>Adult, Child up to 55 lbs, Baby</td>
<td>$21.95</td>
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</tbody>
</table>

**Additional Information:**

- **Soft, comfortable collar to fit closely around neck to aid buoyancy and allow freedom of movement.**
- **Generously proportioned fabric ring. Front opening.**
- **Large log shape float used for positioning patients during aqua therapy.**
- **Soft pouches attached to fabric sling. Molds around various body shapes. Assists in correct positioning of body during aquatic therapy.**
- **Soft pouches attached to fabric sling. Molds around various body shapes. Assists in correct positioning of body during aquatic therapy.**
- **Soft, comfortable float used as knee support to give correct positioning or offer relaxation when used with neck and hip floats during aquatic therapy.**
- **Stable sling. Generous size. Can use while floating on front, back or side.**
- **Soft, pillow to use in pool corner or attach to rails.**
- **Soft, pillow to use in pool corner or attach to rails.**
- **Soft, pillow to use in pool corner or attach to rails.**

**Order online and save time at:**

Theraquatics.com

Aquatic Exercise & Therapy Equipment

Phone: (334) 669-8838
Fax: (334) 262-3400
email: sales@theraquatics.com

Mailing Address
P.O. Box 1414, Montgomery
AL 36102-1414 USA

1 MAY 2011

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